

VCCL Results - parkrun 2018

Race 3

Saturday, 28 April, 2018

5km

Frogs Hollow or other parkrun

Place	Name	#	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
1	Irene James	60	24:40	67	10:05	0:30	14:05	0:00		4:56
2	Les Williams	93	19:16	29	4:25	0:40	14:11	0:06		3:51
3	Sean Quilty	26	17:09	15	2:15	0:30	14:24	0:19		3:26
4	Martine Beer	83	19:39	30	4:30	0:30	14:39	0:34		3:56
5	Joel Donnar	232	16:32	8	1:15	0:30	14:47	0:42		3:18
6	Phillip O'Brien	168	16:55	10	1:30	0:10	15:15	1:10		3:23
7	Glenn Sullivan	280	19:00	19	2:55	0:40	15:25	1:20		3:48
8	Brigitte Humphrey	275	19:00	22	3:20	0:00	15:40	1:35		3:48
9	Corina Kapusta	265	20:15	24	3:40	0:50	15:45	1:40		4:03
10	Adina Morrow	273	23:38	48	7:15	0:30	15:53	1:48		4:44
11	Fiona Ely	368	26:22	60	9:00	1:00	16:22	2:17		5:16
12	Natalie Densley	338	22:27	35	5:15	0:50	16:22	2:17		4:29
13	Leon Brooks	230	20:58	28	4:15	0:20	16:23	2:18		4:12
14	Russell Johnson	30	21:57	32	4:50	0:40	16:27	2:22		4:23
15	David Stones	50	21:16	27	4:05	0:40	16:31	2:26		4:15
16	Heather Sullivan	41	23:31	40	6:00	0:40	16:51	2:46		4:42
17	Gary Blake	320	23:53	38	5:45	0:40	17:28	3:23		4:47
18	David Woods	299	21:34	21	3:10	0:10	18:14	4:09		4:19
19	Wayne James	119	24:40	29	4:25	0:30	19:45	5:40		4:56
20	Brendan O'Brien	98	26:10	27	4:05	0:20	21:45	7:40		5:14